

STUDIO UNIFORMS & COSTUMES

To purchase your dancewear we recommend **Danse Boutique** Cardiff 5/343 Main Road Cardiff **4954 0255** <http://www.danseboutique.com.au/> as the **provider of all products as well as our selected option for the ballet examination leotards** or Bloch Shop 1090 Charlestown Square 49436811 which provides a wide range of products listed below excluding our chosen ballet exam leotards.

Ballet students may wear leotards from either store for class training however leotards are required from Danse Boutique if you are participating in Royal Academy of Dance Ballet Exams or class awards as they differ in fabric and style.

All you need to do is mention our studio name and your child's class when you are shopping at these stores and they will be able to help you with all your uniform requirements.

Classical ballet students please read the information below when you have been advised of which grade you will be attending. As our studio follows the Royal Academy of Dance Syllabus, all uniforms must fit the specified class requirements.

Ballet students may also wear a matching crossover in winter.

Students will be advised when/if they need character skirts and shoes for each grade.

Danse Boutique Cardiff also are the Newcastle stockist for the MDM brand. MDM are specialized products that have been designed with technologies to assist the dancers training and to help decrease the possibility of injuries. While MDM shoes are more expensive we highly recommend them. Please see the following link to find out more about how these shoes are excellent for dancers <https://www.mdmdance.com/technology.php>

The following ballet uniform will apply for 2017.

PRE SCHOOL, PRE-PRIMARY & PRIMARY CLASSICAL BALLET

Girls	Available from
Ballet Pink Energetiks Gathered front Leotard– CLO4 and Ballet Pink Energetiks Long Full Circle Skirt CS24	Danse Boutique Cardiff
Or French Rose Bloch Pia Girls Leotard L0618G French Rose Royal Exam Skirt A0735G	Bloch Charlestown
Theatrical Pink Ballet stockings – (footed) or Pink socks – Purchase own or from dancewear supplier	Danse Boutique Cardiff or Bloch Charlestown
Full sole Leather Ballet shoes with elastic	Danse Boutique Cardiff Energetiks or MDM brands or Bloch Dance wear Charlestown full sole options
Hair in a neat bun with pink trim	

Boys - White short sleeved leotard, Navy lycra shorts, White leather ballet shoes with elastic, Short white socks

GRADE 1 & 2 BALLET CLASSICAL BALLET

Girls	Available from
Pale Blue Princess Line Low Back Leotard CLO9 (BBL) – this is our selected leotard to be worn in class awards or exams Or Powder blue cami P/L gather F leotard, low back Bloch L3455G <i>this option is available for class wear not suitable for exam</i>	Danse Boutique Cardiff Bloch Charlestown
Theatrical Pink Ballet stockings – Bloch (footed or convertible)	Danse Boutique Cardiff or Bloch Charlestown
Full Sole Leather ballet shoes with elastic	Danse Boutique Cardiff Energetiks or MDM brands or Bloch Dance wear Charlestown full sole options
Hair in a neat bun with pale blue trim	
Black character skirt with blue ribbons – only buy when advised by teachers	
Black character shoes with small heels – only buy when advised by teachers	

Grade 1 & 2 please note- Please speak with your teacher before purchasing Character skirts and Shoes

G1 & 2 Boys - White scooped neck leotard, Navy blue lycra shorts, White leather ballet shoes with elastic, **Black**
character shoes – only buy when advised

GRADES 3, 4 & 5 CLASSICAL BALLET

Girls	Available from
Navy Blue Princess Line Low Back Leotard (NVY) CLO9 (Child size) or ALO9 (Adult size) – this is our selected leotard to be worn in class awards or exams <i>or</i> Navy Blue Premier cami leotard, Bloch LO657G – <i>this option is available for class wear not for exams</i>	Danse Boutique Cardiff Bloch Charlestown
Theatrical Pink Ballet stockings (<i>footed or Convertible</i>)	Danse Boutique Cardiff or Bloch Charlestown
Navy blue elastic belt – purchase own from store	
Split sole Leather ballet shoes with thick ribbons	Danse Boutique Cardiff Energetiks or MDM brands or Bloch Dance wear Charlestown split sole options
Black character skirt with blue ribbons – see teacher before purchasing	
Black character shoes with Cuban/higher heel – See teacher before purchasing	

Grade 3,4 & 5 please note- Please speak with your teacher before purchasing Character skirts and Shoes

Boys White short sleeve leotard or a white form fitting T-shirt, Navy lycra tights, Short white socks worn over tights, White leather ballet shoes with elastic, **Black character shoes – see teacher before purchasing**

MAJORS/ VOCATIONAL CLASSICAL BALLET

Girls	Available from
A sleeveless Black leotard –Black premiere lined cami preferred for exams, but students may choose from selected styles advised by dance stores	Danse Boutique Cardiff or Bloch Charlestown
Theatrical Pink Ballet stockings Bloch (Convertible)	Danse Boutique Cardiff or Bloch Charlestown
Matching Elastic Belt	Danse Boutique Cardiff or Bloch Charlestown
Satin Demi-pointes- Compulsory at Intermediate level Satin pointe shoes (<i>See teacher before purchasing</i>) Hair in a neat bun	Danse Boutique Cardiff or Bloch Charlestown

Intermediate Foundation students -Please speak with your teacher before purchasing pointe shoes as students must be assessed.

Following teachers initial assessment we may recommend a further assessment. If required we recommend Physiotherapist Nicole Ambrose who trained with the principal physiotherapist for the Australian Ballet. Nicole works in assisting dancers through injury prevention, dance related injury as well as pre pointe assessments.

Nicole Ambrose Physio.

14 Tyrrell Street

Wallsend

Call or text 0414914766 for appointments.

Boys (Vocational Ballet) Please see teacher before purchasing ballet uniforms

JAZZ, MODERN CONTEMPORARY UNIFORMS

Studio Singlets can be purchased from TMP (\$30) and all other items below can be purchased from selected dance stores and black tights from your choice of options such as Kmart or target for black jazz tights or shorts. Studio Singlets will be available to purchase via our website shop www.tmpdancestudios.com.au;

Or via by Direct deposit payable to TMP DANCE STUDIOS -BSB 637000 Account 716442306 or by cheque or money order to PO BOX 223 KOTARA 2289.

Jazz/Funk

Girls	Boys
Studio Singlets – available from TMP Studios Website	Black loose fitting pants
Black lycra dance pants, ¾ or full length dance wear store or alternative	Plain Black or red Singlet
Black Capezio Split Sole EJ2 Available at Danse Boutique Cardiff or Energetiks Split Sole JSC08 Children & JSA08 Adult – Available at Danse Boutique Cardiff	Black jazz shoes or jazz joggers Danse Boutique or Bloch

or Black leather jazz shoes SO499 Elasta bootie Bloch Intermediate, Snr & Adv Jazz can wear S0485 <i>Slip stream Bloch</i>	
Black short socks	Black socks
A black cross over or skivvy may be worn in winter	Black skivvy in winter
Hair in a neat high ponytail	

CONTEMPORARY - Students may wear either the classical ballet or jazz uniform to this class. Students will be best suited to wearing capexio footundeez which can also be purchased from **Danse Boutique** or foot thongs which can be purchased for contemporary from **Danse Boutique** or **Bloch**. **Students also have the option of not wearing shoes for contemporary – bare feet.**

STREET HIP HOP – Students are welcome to dress in their own street style dance wear. Comfortable clothing and shoes that are flat soled with a non grippy rubber sole. This class has a very casual street feel, uniforms are not compulsory, boys style TMP singlets are optional.

STRETCH & STRENGTH – Students are asked to wear their ballet uniforms or suitable dance clothing so that teachers can correctly work with the students posture and alignments.

LADIES CLASSES– Ladies are asked to wear appropriate dancewear, gym wear in the form of tights and singlets or comfortable clothing. Your instructor can help advise you on what dancewear and or shoes are most appropriate for you at your first class. We do want you to feel comfortable!

CONCERT COSTUMES At the end of every year we hold our annual dance concert. All students who attend TMP Dance Studios are invited to perform. We have listed below the number of routines usually performed by each class, to give you an idea of how many costumes your child will require.

Each routine requires a different costume. This is a general guideline and may differ year to year depending on the theme of the show. Please understand that the concert while offered to all students is not compulsory, agreeing to participate in the concert does involve outlaying costs for costumes. Once costume orders for students are placed parents will be committed to paying for the costumes. Usually if children are only in one routine per style then the cost of that one costume will be approximately \$50-\$75 each. Only these approximate figures can be given as any changes from suppliers pricing effect our costs of purchase. Costumes sometimes may be less if hired or if we are able to source or purchase discounted costuming.

Jazz/funk= 2 routines/concert costumes per class

Contemporary = 2 routines/concert costumes per class

Classical ballet 1 lesson per week =1 routine/concert costume

Classical ballet 2 lessons per week = 2 routines/concert costumes

Street Hip Hop = 1 or 2 routines = 1-2 concert costumes depending on choreography

(All class routines are arranged and choreographed at the teacher's discretion to suit the ages and class progress)

Costume costs are broken down during the year to help cut the additional costs down for parents so they are paid before the Christmas season.

Parents will be contacted and advised when we will start costume orders.

We are very mindful of keeping the cost of costuming to a minimum we worked really hard on reducing the cost of our costumes so it was the lowest prices possible for parents. The planning and preparation of costumes is an enormous task for teachers who do this organisation on their own time, any assistance from parents and friends of the school is appreciated. We invite parents input prior to Term 2 as this is the time we review all suggestions for easy processes and possible cost reductions.

Concert stockings – When Purchasing stockings for concert performance please purchase **Energetiks Skin Tone stockings from Danse Boutique Cardiff** or **Bloch Skin tone/Tan stockings from Bloch**

Please buy the stirrup stockings if you also participate in the contemporary class. By buying the stirrup stockings you will be able to use this one pair of stockings for both Jazz and Contemporary.