

To purchase your dancewear we recommend **Danse Boutique** Cardiff 5/343 Main Road Cardiff ph: 4954 0255 <http://www.danseboutique.com.au/> as the provider of all products as well as our selected option for the ballet examination leotards

Ballet students may source these products from other stores for class training however leotards are required from Danse Boutique if you are participating in Royal Academy of Dance Ballet Exams or class awards as they differ in fabric and style. All you need to do is mention our studio name and your child’s class when you are shopping at Danse Boutique and they will be able to help you with all your uniform requirements.

Classical ballet students please read the information below when you have been advised of which grade you will be attending. As our studio follows the Royal Academy of Dance Syllabus, all uniforms must fit the specified class requirements. Ballet students may also wear a matching crossover in winter.

Students will be advised when/if they need character skirts and shoes for each grade.

Danse Boutique Cardiff also are the Newcastle stockist for the MDM brand. MDM are specialized products that have been designed with technologies to assist the dancers training and to help decrease the possibility of injuries. While MDM shoes are more expensive we highly recommend them. Please see the following link to find out more about how these shoes are excellent for dancers <https://www.mdmdance.com/technology.php>

The following ballet uniform will apply for 2019.

PRINCESS ATHENA 18months to 4years (Morning classes at Body 360 only)

<p>Any white ballet leotard and skirt or tutu dress. Leotard and skirt options are available from stores below Please phone in advance to order these white styles from Danse Boutique Cardiff White Energetiks Gathered front Leotard CLO4 White Energetiks Debut Full Circle Skirt DCS17 or Long Full Circle Skirt CS24 dependent on size required DanceStuff is a website that highly recommended by our preschool aged parents for very low cost items http://dancestuff.com.au/</p>	<p>Morning Princess Athena students are welcome to Wear any white tutu or fairy styled dress as Alternative to the leotard and skirt options. Ideally skirt width should be at the length that Children should be able to extend their arm breadth and hold their skirt with extended arms.</p> <p style="text-align: center;"><i>Please note: If skirts aren't long enough children will bend their elbows to try and hold their skirt which isn't good for training.</i></p>
Theatrical Pink Ballet stockings – (footed) or Pink socks – Purchase own or from dancewear supplier	Danse Boutique Cardiff
Full sole Leather Ballet shoes with elastic	Danse Boutique Cardiff Energetiks or MDM brands
Hair in a neat bun.	

PRE SCHOOL, PRE-PRIMARY & PRIMARY CLASSICAL BALLET – (Afternoon Classes Caves Beach)

Girls	Available from
<p>Ballet Pink Energetiks Gathered front Leotard– CLO4 and Ballet Pink Energetiks Long Full Circle Skirt CS24 Or DanceStuff is highly recommended by parents for very low cost items for pre-schoolers http://dancestuff.com.au/</p>	Danse Boutique Cardiff
Theatrical Pink Ballet stockings – (footed) or Pink socks – Purchase own or from dancewear supplier	Danse Boutique Cardiff
Full sole Leather Ballet shoes with elastic	Danse Boutique Cardiff Energetiks or MDM brands
Hair in a neat bun with pink trim	

Boys - White short sleeved leotard, Navy lycra shorts, White leather ballet shoes with elastic, Short white socks

GRADE 1 & 2 BALLETT CLASSICAL BALLETT

Girls	Available from
Pale Blue Princess Line Low Back Leotard CLO9 (BBL) – this is our selected leotard to be worn in class awards or exams	Danse Boutique Cardiff
Theatrical Pink Ballet stockings – Bloch (footed or convertible)	Danse Boutique Cardiff
Full Sole Leather ballet shoes with elastic	Danse Boutique Cardiff Energetiks or MDM brands
Hair in a neat bun with pale blue trim	
Black character skirt with blue ribbons – only buy when advised by teachers	
Black character shoes with small heels – only buy when advised by teachers	

Grade 1 & 2 please note- Please speak with your teacher before purchasing Character skirts and Shoes

G1 & 2 Boys - White scooped neck leotard, Navy blue lycra shorts, White leather ballet shoes with elastic, **Black character shoes – only buy when advised**

GRADES 3, 4 & 5 CLASSICAL BALLETT

Girls	Available from
Navy Blue Princess Line Low Back Leotard (NVY) CLO9 (Child size) or ALO9 (Adult size) – this is our selected leotard to be worn in class awards or exams	Danse Boutique Cardiff
Theatrical Pink Ballet stockings (footed or Convertible)	Danse Boutique Cardiff
Navy blue elastic belt – purchase own from store	
Split sole Leather ballet shoes with thick ribbons	Danse Boutique Cardiff Energetiks or MDM brands
Black character skirt with blue ribbons – see teacher before purchasing	
Black character shoes with Cuban/higher heel – See teacher before purchasing	

Grade 3,4 & 5 please note- Please speak with your teacher before purchasing Character skirts and Shoes

Boys White short sleeve leotard or a white form fitting T-shirt, Navy lycra tights, Short white socks worn over tights, White leather ballet shoes with elastic, **Black character shoes – see teacher before purchasing**

GRADES 6 CLASSICAL BALLETT

Girls	Available from
A sleeveless Black leotard –Black premiere lined cami preferred for exams, but students may choose from selected styles advised by dance stores	Danse Boutique Cardiff
Matching Black skirt (worn after the barre work) should be in a soft, lightweight material, such as georgette or chiffon and approx mid-calf length. Circular skirts are the most flattering	Danse Boutique Cardiff
Theatrical Pink Ballet stockings (footed or Convertible)	Danse Boutique Cardiff
Split sole Leather ballet shoes with thick ribbons	Danse Boutique Cardiff Energetiks or MDM brands
A light silk scarf of no more than 1m x 2m of any colour. The colour of the leotard, skirt and scarf should match or tone with each other – please see teacher before purchasing	
Black character skirt with blue ribbons The hem of the skirt should be approximately 3 inches (7.6cm) below the knee – please see teacher before purchasing	
Black character shoes with Cuban/higher heel – See teacher before purchasing	

Grade 3,4,5 & 6 please note- Please speak with your teacher before purchasing Character skirts and Shoes

Boys White short sleeve leotard or a white form fitting T-shirt, Navy lycra tights, Short white socks worn over tights, White leather ballet shoes with elastic, **Black character shoes – see teacher before purchasing**

MAJORS/ VOCATIONAL CLASSICAL BALLET

Girls	Available from
A sleeveless Black leotard –Black premiere lined cami preferred for exams, but students may choose from selected styles advised by <i>dance stores</i>	Danse Boutique Cardiff
Theatrical Pink Ballet stockings (<i>Convertible</i>)	Danse Boutique Cardiff
Matching Elastic Belt	Danse Boutique Cardiff
Split sole Leather ballet shoes with thick ribbons can be worn for Intermediate Foundation however Satin Demi-pointes are Compulsory at Intermediate level and above Satin pointe shoes (<i>See teacher before purchasing</i>) Hair in a neat bun	Danse Boutique Cardiff

Intermediate Foundation students -Please speak with your teacher before purchasing pointe shoes as students must be assessed. Following teachers initial assessment we recommend a further assessment by a physiotherapist to ensure students are physically ready for pointe shoes. We recommend Adamstown Sport & Spine practitioner Emma Shinnick <https://www.sportandspinephysio.com.au/dance.html> Ph - 49573747

Boys (Vocational Ballet) Please see teacher before purchasing ballet uniforms

JAZZ, MODERN CONTEMPORARY UNIFORMS

Studio Singlets can be purchased from TMP Dance Studios website and all other items below can be purchased from selected dance stores and black tights from your choice of options such as Kmart or target for black jazz tights or shorts. Studio **Tank Singlets will be available to purchase via our website shop available in Black or White** <http://tmpdancestudios.deco-dance.com/>

Jazz/Funk

Girls	Boys
Studio Singlets – available in Black or White -TMP Studios Website	Black loose fitting pants
Black lycra dance pants, ¾ or full length <i>dance wear store or alternative</i>	Plain Black or red Singlet
Black Capezio Split Sole EJ2 Available at Danse Boutique Cardiff or Energetiks Split Sole JSC08 Children & JSA08 Adult – Available at Danse Boutique Cardiff	Black jazz shoes or jazz joggers <i>Danse Boutique</i>
Black short socks	Black socks
A black cross over or skivvy may be worn in winter	Black skivvy in winter
Hair in a neat high ponytail	

CONTEMPORARY - Students may wear either the classical ballet or jazz uniform to this class. Students will be best suited to wearing capezio footundeez which can also be purchased from *Danse Boutique* or foot thongs which can be purchased for contemporary from *Danse Boutique*. **Students also have the option of not wearing shoes for contemporary – bare feet.**

STREET HIP HOP & BREAK DANCE – New Hip Hop Jerseys are available via our website shop <http://tmpdancestudios.deco-dance.com/>

Comfortable pants should be worn with shoes that are flat soled with a non grippy rubber sole. This class has a very casual street feel.

ACRO – Students are asked to wear either their classical or jazz uniform to this class however no foot wear should be worn. If stockings are worn they need to be footless or convertible so that students remain barefoot.

STRETCH & STRENGTH – Students are asked to wear their ballet uniforms or suitable dance clothing so that teachers can correctly work with the students posture and alignments.

LADIES ATHENA CLASSES– Ladies are asked to wear appropriate dancewear, gym wear in the form of tights and singlets or comfortable clothing. Tan coloured leather shoes are most appropriate if you are purchasing new shoes for training. **Athena Tank Singlets are available via our studio website shop** www.tmpdancestudios.com.au
Any style of black or tan leather shoe without laces.

CONCERT COSTUMES At the end of every year we hold our annual dance concert. All students who attend TMP Dance Studios are invited to perform. We have listed below the number of routines usually performed by each class, to give you an idea of how many costumes your child will require.

Each routine requires a different costume. This is a general guideline and may differ year to year depending on the theme of the show. Please understand that the concert while offered to all students is not compulsory, agreeing to participate in the concert does involve outlaying costs for costumes. Once costume orders for students are placed parents will be committed to paying for the costumes. Usually if children are only in one routine per style then the cost of that one costume will be approximately \$50-\$75 each. Only these approximate figures can be given as any changes from suppliers pricing effect our costs of purchase. Costumes sometimes may be less if hired or if we are able to source or purchase discounted costuming.

Pre School Ages = 1 Routine

Jazz/funk= 2 routines/concert costumes per class

Contemporary = 2 routines/concert costumes per class

Classical ballet 1 lesson per week =1 routine/concert costume

Classical ballet 2 lessons per week = 2 routines/concert costumes

Street Hip Hop = 1 or 2 routines = 1-2 concert costumes depending on choreography

Acro = 1 or 2 routines = 1-2 concert costumes depending on choreography

Ladies Athena = 1-2 concert costumes depending on choreography

(All class routines are arranged and choreographed at the teacher's discretion to suit the ages and class progress)

Costume costs are broken down during the year to help cut the additional costs down for parents so they are paid before the Christmas season.

Parents will be contacted and advised when we will start costume orders.

We are very mindful of keeping the cost of costuming to a minimum we worked really hard on reducing the cost of our costumes so it was the lowest prices possible for parents. The planning and preparation of costumes is an enormous task for teachers who do this organisation on their own time, any assistance from parents and friends of the school is appreciated. We invite parents input prior to Term 2 as this is the time we review all suggestions for easy processes and possible cost reductions.

Concert stockings – When Purchasing stockings for concert performance please check your costume checklists before purchasing to see if stockings are required. When purchasing please select Theatrical Pink for ballet and Energetiks Skin Tone stockings for Jazz from **Danse Boutique Cardiff**.

Please buy the stirrup stockings in skin tone as these can be used for either jazz or contemporary styles.

By buying the stirrup stockings you will be able to use this one pair of stockings for both Jazz and Contemporary if the costumes require stockings.